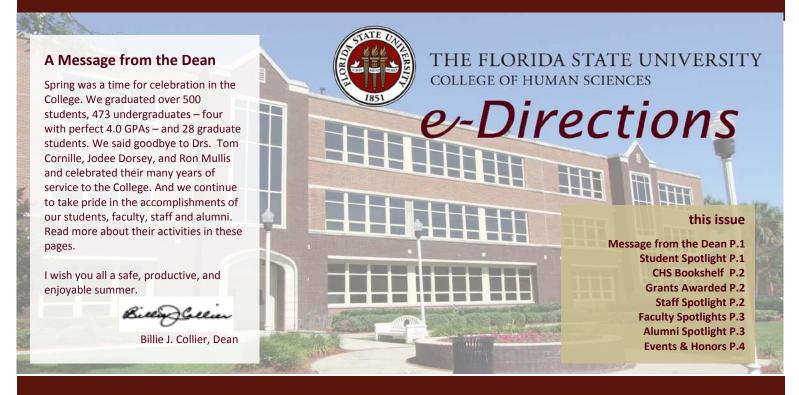
# e-Directions

College of Human Sciences

Issue 07: June 2011



# Exercise Science Students Head to Columbia

Two College of Human Sciences recent graduates will be attending Columbia University's Doctor of Physical Therapy program in fall 2011. This program has a complex curriculum that incorporates scientific coursework, clinical internships, and specialty tracks in multiple rehabilitation areas within in the field.



Ryan Gil was first inspired to apply to this program because of its objectives of producing clinicians who recognize the importance of lifelong learning. While at FSU, Ryan worked in a cardiovascular research lab under the mentorship of Dr. Arturo Figueroa. His experience in this lab gave him a solid foundation of scientific knowledge and the teamwork in the research environment strongly enhanced his ability to communicate with other scholars and debate advanced scientific topics. These learned skills were critical elements in his successful interview at Columbia University.

"This is the grandest achievement I have received thus far and thank Dr. Figueroa and the entire CHS community for their educational guidance", says Ryan of his acceptance to the program.

Kelly Resha applied to the program at Columbia on the recommendation of a friend and current student there. Resha's strong application and background landed her an interview, which included tours of the campus and lectures by a few of the professors, including the director of the program. The interviewers were from all over the country, adding a sense of excitement to the challenging process.

"The confidence, the education and the skills that I am taking with me would not have been possible without attending FSU and being a part of the College of Human Sciences", says Resha.



We congratulate these two recent alums on their acceptance to Columbia and wish them the best as they pursue their goals.

# **CHS Bookshelf**

Retail Buying Practices and Policies in a Global Economy by Susan S. Fiorito and Myron Gable, published by Pearson Prentice Hall, 2012



Dr. Susan Fiorito and her colleague, Dr. Myron Gable from Shippensburg University, have written an instructive and practical text that covers the gambit of topics that buyers in the retailing industry need to understand to be successful. Their book blends important aspects of a workbook with facts and information, assignments, and practice problems that all reinforce important concepts that are necessary for the retail buyer, whether working in a large international specialty store, a large department or discount

store or a small privately owned store. The authors stress important changes that have taken place, particularly with the rapid ascent of private and exclusive brands, the use of technology, and the global perspective that buying must now embrace. These global perspectives are from the major markets of the United Kingdom and China.

Other distinctive aspects of the book are the special focus on Internet assignments in each chapter, in-depth coverage of technological advances that will provide buyers with information more rapidly and be an aid in ordering and reordering merchandise, and accompanying videos that explain step-by-step the development of excel spread sheets for developing efficient distribution systems and tracking sales figures. The videos allow students to move at their own pace, repeating steps they have problems with and moving quickly through steps that they find easy.

# RMPD Gets Cotton Grant

Faculty in RMPD received a grant from Cotton, Inc. to promote awareness and knowledge of cotton as a sustainable fiber among college students preparing for apparel and textile related careers. Drs. Jeanne Heitmeyer, Kay Grise, and Susan Fiorito are heading up the project on Advancing Awareness and Sustainability through the Reuse of Cotton Products among College Students.

A student competition was conducted to get students engaged and excited about "recycling and reusing" their cotton apparel. Awards were offered for creation of functional items from used jeans and t-shirts. There were three categories for the competition:

- 1. Up to three pairs of used jeans to make an unlimited number of items.
- 2. Up to two t-shirts to make an unlimited number of items.
- 3. A combination of an unlimited number jeans and t-shirts to make only one item.

The competition was keen and judges included faculty, representatives from Cotton Inc. and the Florida Retail Federation, and the Director of Campus Sustainability at FSU. Items created ranged from scarves and headbands to potholders to dresses and bodices. Students enjoyed the activity and the opportunity to use their everyday apparel in new and useful ways, while contributing to sustainability efforts.



First place <u>Sam Hogeweg</u> – Jeans and T- bodice / Combo



First Place <u>Dani Nelson</u>- Scarf, bracelet, headband/T- Shirt's



First Place <u>Lindsay Painter</u>-Complete Kitchen Set/ Jeans



### Meredith McMackin

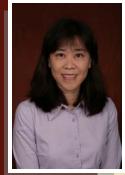
Advisor, Family & Child Sciences

Meredith McMackin is one of our seasoned advisors, working with students in Family and Child Sciences. She hails from the west coast, receiving her BFA from Oregon State University and her MA in Teaching from Lewis & Clark College in Portland, OR. She taught high school art in Lake Oswego, OR for six years before moving to Tallahassee, where she continued her education completing an MFA in Studio Art at FSU in 2003. She taught in the Art Department part-time before becoming their Advisor in 2007. She joined Human Sciences in 2010. In addition to her advising position with Family and Child Sciences, she is also advisor to the FSU Collegiate Veterans Association.

Says McMackin, "I like working with the Family and Child Sciences students as it attracts students that are interested in helping others. It is meaningful to me to support them as they find their direction in life."

She too has found her direction, entering the doctoral program in Art Therapy last fall, with the ultimate goal of working with veterans using art as a vehicle for healing emotional and psychological wounds. At the same time she started on this degree her son began his first year at FSU as a Music major and was a member of the Marching Chiefs. She and her sculptor husband have studios in Railroad Square Art Park. Visit them at Plywood Sculpture/Side Track Studios on a First Friday Art Walk.

### **Graduate Teaching Award**



Dr. Ming Cui was also Recognized at the Faculty Awards Ceremony this spring, receiving a Graduate Teaching Award.

"I am deeply honored by this award. I would like to thank all my students for recognizing me with this very prestigious award. I am lucky to have the opportunity to teach such a group of intelligent students. It's very rewarding to be able to help them to promote their abilities to succeed in their academic pursuits. I'm enjoying every minute of it."

# Dr. Murray Krantz receiving the Excellence in Teaching Award

# **Triple Crown Teacher**

Dr. Murray Krantz, Professor in Family and Child Sciences, garnered three coveted teaching awards at FSU this spring. He was one of 19 faculty members receiving a University **Undergraduate Teaching Award** presented at the 2011 Faculty Awards Ceremony. Nominated

by students and selected by a committee of students and faculty, these awards recognize the best instructors at the University.

One student wrote of Krantz: "I am nominating Dr. Krantz because he is an outstanding instructor. He has gone above and beyond my expectations for a teacher and an advisor. He has encouraged me more than any other Florida State faculty member during my time here. He does not treat his students like a number, but as valuable and irreplaceable members of society. He has believed in me when no other did and, because of his encouragement, I am going to graduate school."

from President Barron

His work with, and concern for, students was also key to Krantz's receiving the **Guardian of the Flame** recognition from the Burning Spear Society. It is given to a faculty member in each College for outstanding commitment and service to students and the University. Each year the FSU chapter of Phi Beta Kappa presents one **Excellence in Teaching Award** to a faculty member at the University. Krantz was given that special honor at the honorary society's induction ceremony in April. Nominated and selected by students in Phi Beta Kappa, recipients of this award are truly recognized by some of the best students at the University.

Krantz says of these recognitions, "Receiving three prestigious teaching awards in the span of just a few days in the spring semester was surprising and a bit overwhelming. Teaching has always been a joy for me and it is good to know that students recognize and appreciate my efforts. I am grateful to everyone who participated in the selection process."

And we are grateful for the many years of service to the College and our students that this remarkable faculty member has given.

# Bringing out the Life in Tallahassee

Stacey Bigbie Rasky and husband George Rasky recently launched **Tallylife** -Tallahassee's first mobile guide "to promote Tallahassee's people and events in a fun positive light." The free application features local events, restaurants, news, weather, photos, videos, activities and more. Tallylife also has a "College Life" page for students, as well as a "Leach Center" listing of workout classes. They also publish highlights of individual or group accomplishments around town. A Walton County entrepreneur started the idea of a Mobile Town Guide, and Rasky jumped at the chance to bring the concept to Tallahassee. She and her husband

knew it would be well received in this college town that didn't have anything like it. The target audience for Tallylife is not only local residents and students but visitors as well.

Rasky was a 1993 grad in Family and Consumer Sciences Education and she recalls of her time here:

"The thing I loved about being part of the College of Human Sciences was the practicality of the classes. It didn't matter if it was a small lesson or something more complex – it all had meaning and purpose for me personally. It strengthened the part of me that always wanted to figure out how to do something on my own. It gave me the initiative as a woman to say I can do anything that comes in front of me."

She credits her parents for much of her success, and her mother especially for being a role model as a working mom. Rasky says "Both of my parents instilled a strong work ethic in me that I am so grateful for. Both my college years at FSU and my parental upbringing allowed me to seize the opportunity to start my own business - to create my own opportunities for my future!"

She has certainly created her own opportunity with Tallylife. Visit the web site, www.tallylife.com, for more information

Congratulations to Drs. Jodee Dorsey, Tom Cornille and Ron Mullis on their recent retirements from the College of Human Sciences. Best of luck in all of your future endeavors!



Dr. Jodee Dorsey with family (above) at her retirement celebration.



Dr. Ron Mullis (left) and Dr. Tom Cornille (right) at their joint retirement celebration.

The College would like to congratulate two of our alums, Dr. Betty Lou Joanos and Dot Whittle on their recent accomplishments! Betty Lou was just named the president of the FSU Emeritus Alumni Society's Board of Directors and Dot was one of three FSU Emeritus Alumni Society members to be welcomed into the Alumni Association's Circle of Gold!



Betty Lou Joanos receives gavel from Tommie Waits



National Chair Jeff Hill awards Dot Whittle the Alumni Association's Circle of Gold.

### Tyner Lecturer Dr. Don Dillman



**Dillman delivering Tyner Lecture** 



Dr. Dillman speaking with students and faculty

Deans at Joint College Alumni Reception in Atlanta





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## **Development Message**

Alumni and Friends,

The legacy of Florida State continues with the addition of more than 435 people to the ranks of our College of Human Sciences alumni around the world. Our college has been vibrant with ceremonies and celebrations to honor our graduates. These activities remind us of the important work that we need to continue for our future students as alumni, friends and donors to the University.

One important way we are engaging alumni and friends is through regional events. CHS Alumna Paula Reutlinger ('70) and her husband Craig (BS '70, JD '73) welcomed alumni into their Charlotte home to visit with Dean Billie Collier and Interim Dean for the College of Engineering, John Collier. In addition to regional alumni receptions hosted by the College, The FSU Foundation will host focus groups nationwide over the next few months to discuss the transformative ideas that will shape the future of FSU and serve as the basis of our capital campaign.

Your continued financial support is sincerely appreciated. If you haven't done so already, we hope you will consider making a gift to the College of Human Sciences. There are a variety of ways to give and the need is endless. For more information on how you can help, contact Allisson Yu at 850-645-7577 or at <a href="mailto:ayu@foundation.fsu.edu">ayu@foundation.fsu.edu</a>

### **Upcoming CHS Event:**

August 5, 2011 3:00 – 4:30 p.m. Graduation Reception Claude Pepper Center

### College of Human Sciences

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