1. Once your browser is open on a non-FSU page (i.e. Google.com), SELECT the Firefox menu in the top left corner → Then SELECT the right arrow next to ‘History’ → SELECT ‘Clear Recent History’ 
   …Or click on ‘Tools’ → Then ‘Clear Recent History’ if you don’t have the Firefox Menu.
   …Or, you can PRESS ‘Ctrl+Shift+Delete’ to open the recent history window.

2. Make sure ‘Details’ is EXPANDED → CHECK the boxes for the ‘Cookies’ and ‘Cache’ from the list of options. UNCHECK everything else to avoid deleting data unintentionally.
3. In the ‘Time Range to Clear’ drop down, SELECT ‘Everything’.

4. CLICK the ‘Clear Now’ button. Your computer will work for a moment, and the process will be complete. You have successfully cleared Firefox’s Cache!

5. After you have finished completing these steps, please CLOSE your browser.