Academic Majors

Undergraduate Majors
Food & Nutrition Sciences
  Dietetics
  Exercise Science
  Athletic Training

Masters Majors
Nutrition & Food Sciences
  Exercise Physiology
  Sports Sciences

Doctoral Majors
Nutrition & Food Sciences
  Exercise Physiology

Current Research
Aging/Cancer  •  Body Composition  •  Cardiovascular Health
Community Nutrition/Health Promotion  •  Food Science
  Food Allergy  •  Human/Athletic Performance
Nutrition Informatics  •  Osteoarthritis  •  Osteoporosis
Sarcopenia  •  Sensory Analysis  •  Sports Nutrition

Locations

Nutrition, Food and Exercise Sciences
120 Convocation Way, Suite 436
Tallahassee, FL 32306-1493
850-644-1829 - FAX 850-645-5000

William Johnston Building
143 Honors Way, Tallahassee, FL, 32306-1493

Institute of Sports Sciences and Medicine (ISSM)
1104 Spirit Way
Tallahassee, FL, 32306-1493

Center for Advancing Exercise and Nutrition Research on Aging (CAENRA)
120 Convocation Way, Sandels Room 426
Tallahassee, FL, 32306-1493

www.chs.fsu.edu

The Florida State University is a Carnegie Designated Research University
- Very High Research Activity
The Florida State University's leading-edge programs in the Department of Nutrition, Food and Exercise Sciences (NFES) prepare scholars and practitioners to excel in professions which enhance physical well-being, health, and human performance. NFES does this by providing a firm foundation in essential scientific and technical knowledge, practical skills, teaching, research, and service.

**Current Facts**

- 1762 NFES Undergraduate Students
- 76 NFES Masters Students
- 21 NFES PhD Students
- 18 NFES Faculty Members

**Nutrition, Food and Exercise Sciences’ Laboratories**

- Blood Chemistry
- Nutrition, Body Composition and Metabolism
- Nutrition Informatics Education
- Experimental Foods
- Food Science
- Sensory Evaluation
- Aerobic Exercise Prescription
- Athletic Training
- Cardiovascular Physiology
- Human Performance / Functionality
- Skeletal Muscle

**ISSM and CAENRA**

The Institute of Sports Sciences and Medicine (ISSM) serves as a multidisciplinary, developmental center providing research and educational programs in sports sciences, sports medicine, athletic human performance, and injury prevention to the medical and scientific community and the general public.

The Center for Advancing Exercise and Nutrition Research on Aging (CAENRA) focuses on implementing age-related disease and treatment paradigms in animal models utilizing techniques such as high magnetic field magnetic resonance (MR) to detect and monitor treatment efficacy. The Center also conducts translational research related to chronic diseases.

**Dietetic Internship**

The Florida State University Internship in Dietetics, which is accredited by the Commission on Accreditation Council for Education in Nutrition and Dietetics, provides a post-baccalaureate route for students to complete the experiential requirements needed to take the national registry examination for certification as registered dietitians. This program provides interns with an emphasis in either clinical nutrition or sports nutrition providing 1200 hours of supervised experience.

**Accreditations**

Commission on Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND) accredits the Didactic Program in Dietetics and Dietetic Internship.

Commission on Accreditation of Athletic Training Education (CAATE).