

Curriculum Vitae

Michele U Garber

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General Information

University address: Nutrition, Food and Exercise Sciences
College of Human Sciences
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Florida State University
Tallahassee, Florida 32306-1493

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Professional Preparation

1990 M.S., Eastern Kentucky University, Richmond, Kentucky. Major: Physical Education.

1988 B.S., University of Wisconsin ,Madison, Wisconsin. Major: Physical Education. Exercise Specialist.

Professional Credential(s)

2003–present A.T.A.F. Licensed Member #AL1716.

2003–present NATABOC Test Site Administrator.

1991–present American Red Cross CPR Certified.

1991–present American Red Cross First Aid Certified.

1991–present N.A.T.A. Certified, #059102528.

1991–present S.E.A.T.A. Certified Member.

1991–2003 State of Georgia Licensed Athletic Trainer #000226.

Professional Experience

- 2003–present Associate Program Director, Florida State University. Co-Direct the Commission on Accreditation of Athletic Training Education (CAATE) Accredited Athletic Training Program.
- 2003–present Approved Clinical Instructor and Clinical Coordinator, Florida State University.
- 2003–present Associate Coordinator, Pre-Health Professions Living Learning Community, Reynolds Hall Florida State University.
- 2010–2014 Associate Director, Sports Sciences and Medicine, Florida State University.
- 1997–2003 Program Director, Valdosta State University. Directed the Commission on Accreditation of Allied Health Education Programs (CAAHEP) Accredited Sports Medicine/Athletic Training Program.
- 1996–2003 Champs Coordinator, Coordinated the NCAA funded CHAMPS/Life Skills Program, Valdosta State University.
- 1995–2003 Assistant Professor, Assistant Athletic Trainer, Valdosta State University. Assisted Director of Sports Medicine in all aspects of the athletic training program. Specific athletic responsibility was to provide athletic health care to the men's and women's tennis teams. Instructed and advised students in the Department of Kinesiology and Physical Education.
- 1990–2003 Approved Clinical Instructor, Valdosta State University.
- 1996–1999 Computer Lab Coordinator, Valdosta State University. Coordinated work/study students to operate the KSPE student computer lab.
- 1990–1995 Instructor, Assistant Athletic Trainer, Valdosta State University. Taught and advised students in the Department of Health, Physical Education and Athletics.
- 1992–1994 Lecturer, Seminole Athletic Training Camp, Florida State University.
- 1993 Lecturer, Valdosta State University Student Athletic Training Symposium, Valdosta State University.
- 1989–1990 Graduate Assistant, Department of Physical Education, Eastern Kentucky University. Developed and implemented preventative, treatment and rehabilitative programs for the University's Athletic Training Program.

- 1987–1989 Lab Assistant, University of Wisconsin Sports Medicine and Fitness Center. Performed fitness evaluations on high school and collegiate athletes. Analyzed and presented the results to the athletes, coaches, athletic trainers and parents.
- 1986 Intern, University of Wisconsin Sports Medicine and Fitness Center.

Honors, Awards, and Prizes

University Undergraduate Teaching Award, The Florida State University (2013).
University Undergraduate Teaching Award, Florida State University (2007).

Current Membership in Professional Organizations

Athletic Trainers Association of Florida
National Athletic Trainers Association
Southeast Athletic Trainers Association

Teaching

Teaching Faculty 3.

Courses Taught

Athletic Training Clinical IV (ATR4842)
Athletic Training Professional Development (ATR4502)
Kinesiology (ATR3132)
Sports Sciences Practicum (PET5945)
Special Topics in Nutrition (HUN5938)
Kinesiology (PET3310)
Athletic Training Clinical IV (PET4944)
Athletic Training Professional Development (APK4304)
Advanced Topics (PET6931)
Sports Medicine Practicum (PET3940)
Administration of Athletic Training Programs (PET3660)
Athletic Training/Sports Medicine Clinical II (PET2942)
Living-Learning Center Colloquium (PET1081)
Special Topics in Wellness and Exercise Science (PET3932)
Biomechanics (PET4312)
Biomechanics (PET4312-C)
Athletic Training I (PET3621)
Introduction to Exercise Sciences (PET3102)
Introduction to Athletic Training/Sports Medicine (PET1638)
Advanced Rehabilitation Techniques in Sports Medicine/AT (KSPE4491)
Athletic Training Professional Practice Seminar (KSPE4700)

Clinical Proficiencies IV (KSPE4441)
Nutrition for Fitness and Sport (KSPE3200)
Athletic Training Ethics and Psychosocial Issues (KSPE4600)
Clinical Proficiencies II (KSPE3441)
Clinical Proficiencies III (KSPE4440)
Foundations of Injury Prevention and Care (KSPE4300)
Internship in Sports Medicine/AT (KSPE4430)
Kinesiology (KSPE3430)
Practicum in Sports Medicine/AT (KSPE4420)
Rehabilitation Techniques in Sports Medicine/AT (KSPE4490)
Sport Related Illnesses and Conditions (KSPE4450)
Clinical Proficiencies I (KSPE3440)
Therapeutic Modalities in Sports Medicine/AT (KSPE4400)

Clinical Practice

Athletic Training Services - University Health and Wellness (2013)

Supervision of Clinical Practice

University Health and Wellness-Athletic Training Services (2013)

New Course Development

Medical Terminology (2012)

Curriculum Development

MS in Exercise Sciences, Major in Sports Sciences (2010)
Athletic Training Education Program-Commission on Accreditation of Athletic Training
Education Programs Accredited (2009)

Management of Multiple Course Sections

Medical Terminology (APK 2001)

Research and Original Creative Work

Publications

Refereed Journal Articles

Kasper, M. J., Garber, M. U., & Walsdorf, K. (in press). Young women unaware of and unconcerned about the development of osteoporosis: the results from a cross-sectional survey in college females. *American Journal of Health Education*.

Presentations

Invited Lectures and Readings of Original Work

For invited lectures and readings of original work, 25.0% were regional, 75.0% were local in scope.

Garber, M. U. (2011, September). *"Athletic Training as a Profession"*. Delivered at Lowndes County High School, Valdosta, GA. (Local)

Garber, M. U. (2000, February). *"Abdominal and Thoracic Injuries"*. Delivered at S.E.A.T.A. Educational Symposium, Atlanta, GA. (Regional)

Garber, M. U. (1996, November). *Nutrition and Fitness for Adolescent Females*. Delivered at Alpha Delta Phi Sorority. (Local)

Garber, M. U. (1996, October). *Nutrition and Fitness Across the Life Span for Women*. Delivered at College of Nursing. (Local)

Contracts and Grants

Contracts and Grants Funded

Jordan, Steve E (PI), Sehgal, A. K., Garber, M. U., & Kasper, M. J. (Jan 2012–Jan 2016). *Use of Autologous Conditioned Plasma for the*. Funded by FSU Foundation. (INITIAL). Total award \$54,135.

Service

Florida State University

FSU College Service

Member, NFES Department Chair Search Committee (2014–2015).

Associate Dean, College of Human Sciences (2010).

Chair, College of Human Sciences Search Committee (2010).

Faculty Advisory Committee, College of Human Sciences (2006–2008).

Scholarships and Awards Committee, College of Human Sciences (2003–2006).

FSU Department Service

Undergraduate Coordinator, NFES Undergraduate Programs (2014–present).

Member, Merit Committee (2006–present).

NFES Department.

Member, Undergraduate Committee (2005–present).

NFES Department.

Member, Criteria for Merit Committee (1993–present).

Member, Exercise Science Search Committee (2013–2014).

Member, Scholarships and Awards Committee (2014).

Member, Exercise Science Search Committee (2013–2014).

ISSM Director, Search Committee (2010).

NFES Department.

Member, ATAF Education Committee (2004–2005).

Member and NFES Chair Position, Departmental Search Committee (2004–2005).

Member, Undergraduate Committee (2003–2004).

NFES Department.

Chair, Department of KSPE Advisory Committee (2000–2003).

Member, Personnel Committee (2000–2003).

Chair, CAAHEP Self Study Committee (1999–2003).

Member, Graduate Committee (1999–2003).

Member, Social Committee (1999–2003).

Chair, Strategic Planning Committee (1999–2003).

Proxy Member, Personnel Committee (1997–1998).

Chair, Personnel Committee (1996–1997).

Vice Chair, Personnel Committee (1995–1996).

Member, Lettermen's Club Committee (1992–1993).

Member, Program Effectiveness Committee (1992–1993).

FSU Institute or Center Service

Associate Director, Institute of Sports Sciences and Medicine (2010–2014).

FSU Program Service

Associate Director, Pre Health Professions Learning Community (2003–2015).

The Profession

Editor for Refereed Journals

Editor, *Quarterly Newsletter for Sports Medicine Alumni* (1992–1998).

V.S.U. Sports Medicine News.

Chair of a Symposium

Garber, M. U. (Chair). (2012, June). *2012 Capital City Sports Summit*. Symposium conducted at the meeting of Institute of Sports Sciences and Medicine, Tallahassee, FL.

Service to Professional Associations

Co-Chair, ATAF Education Committee (2005–present).

Member, Organizing Committee, "Vision 2000" (1999–present).

Co-Chair, GATA Education Committee (2002–2003).

Task Force Panelist, AAODE (1997).

Valdosta, GA.

Service to Other Universities

Chair, *Academic Scheduling and Procedures Committee* (1998–2003).

V.S.U.

Coordinator, *V.S.U. Athletic Department, Community Partners in Education* (1997–2003).

Member, *College of Education Technology Committee* (1996–2003).

Faculty Senator, *College of Education* (1996–2001).

V.S.U.

Member, *Academic Committee* (1996–1999).

V.S.U.

Chair-elect, *Academic Scheduling and Procedures Committee* (1997–1998).

V.S.U.

Vice Chair, *Academic Scheduling and Procedures Committee* (1996–1997).

V.S.U.

Honors and Recruitment Committee, *College of Education Scholarships* (1994–1997).

Member, *Judicial Committee* (1993–1995).

V.S.U.

The Community

Participant, Relay for Life (2003–present).

Partners in Education Coordinator, Department of Athletics Community (2000–2003).

Valdosta, GA.

CHAMPS Volunteer Coordinator, The Haven, Battered Women's Shelter (1995–2003).

Valdosta, GA.

Shadowing Mentor, Professionals in the Field, Lanier County Schools (2002).

Organizing Committee Member, V.S.U. CHOICES Drug Education Seminar (2001).

Coordinator, St. John Catholic School, Careers in Athletics (2000).

Valdosta, GA.

Staff Volunteers Coordinator, Special Olympics (2000).

Valdosta, GA.

Coordinator, Careers in Sports Medicine, Dodge County High School (1995).