

The DPD Handbook for the dietetics program at FSU

For the complete handbook, please go to http://www.chs.fsu.edu/nfes_undergrad_ds

Career Opportunities

Career opportunities with a BS in dietetics

Employment opportunities for those with a degree in nutrition but who are not an RD are not as numerous as opportunities for RD's.

- Health or Nutrition Educator at the state Department of Health with programs such as WIC
- Various positions with Department of Education
- Food Service Management with large contract companies such as Sodexo, Aramark or Morrison
- Working in a nutrition related capacity under the supervision of an RD.

Only state-licensed dietetics professionals can provide nutrition counseling. Non-licensed practitioners may be subject to prosecution for practicing without a license. For more information on licensing in the state of Florida, please see the section "What's the difference between a Registered Dietitian and a Licensed Nutritionist" or http://www.doh.state.fl.us/mqa/dietetics/nd_boardinfo.html

Career Opportunities as an RD

A registered dietitian can do all of the above as well as be employed as a dietitian or nutritionist in all of the following capacities:

The majority of RDs work in the treatment and prevention of disease by administering medical nutrition therapy and are often part of a medical team. Examples include:

- Hospitals; both acute and long term care facilities
- HMOs
- Private practice
- Treatment of eating disorders
- Weight loss
- Various other health-care facilities

Community and public health settings such as state and federally funded programs. Examples include:

- Department of Health
 - Bureau of Child Nutrition Programs
 - Bureau of Women Infants and Children (WIC)
 - Bureau of Chronic Disease Prevention
 - Children's Medical Services

Bureau of Elder Affairs
Department of Education
Food and Nutrition Management
Department of Agriculture
Academia and research
Food and nutrition industry including management positions
Business
Sports nutrition
Corporate wellness programs
Management Companies- many clinical facilities utilize a management company, such as Sodexo, Aramark or Morrison, for nutritional services (ie a dietitian may work at XYZ hospital, but are employees of ABC management company).

When searching for position openings, try networking through blogs or forums through ADA or CDR, and your local dietetic association. Positions are often posted in the back of the Journal of the American Dietetic Association. Contact prospective employers directly. If the facility uses a management company, contact the management company.

The state of Florida has a centralized system for all positions throughout the state.

<https://jobs.myflorida.com/index.html>

Sometimes we hear of career opportunities, but don't know who is looking. When you begin the job hunt, let the DPD Director, Dr. Spicer or other nutrition faculty know so we can forward you any position announcements.

JADA publishes useful information in an article, Compensation and Benefits Survey Results, on RD and DTR careers, salaries, etc., usually in the spring. I highly encourage you to check it out. If you are an ADA member, this journal is sent to your mailing address or you can access it through www.eatright.org. If you are an FSU student, you can access it through the University library system.